

**2011 Delaware Marathon & Half Marathon
Mile Markers & Race Pace**

Mile	Runner's Pace					Walkers		Location of Mile Marker / Description on Course
	5:00	7:00	8:00	9:00	10:00	12:00	15:00	
Start Line	7:00	7:00	7:00	7:00	7:00	7:00	7:00	Lap 1 – At START Line – Rosa Parks Drive – Tubman Garrett Riverfront Park
Mile 1	7:05	7:07	7:08	7:09	7:10	7:12	7:15	Lap 1 – On South Madison Street at Dravo Plaza intersection
Mile 2	7:10	7:14	7:16	7:18	7:20	7:24	7:30	Lap 1 – On Riverwalk, just past C.W. Harborside Restaurant
Mile 3	7:15	7:21	7:24	7:27	7:30	7:36	7:45	Lap 1 – On East 4th Street – just past Allen's Alley
Mile 4	7:20	7:28	7:32	7:36	7:40	7:48	8:00	Lap 1 – On North Walnut Street, just past East 14th Street
Mile 5	7:25	7:35	7:40	7:45	7:50	8:00	8:15	Lap 1 – On North Park Drive – very close to swinging bridge
Mile 6	7:30	7:42	7:48	7:54	8:00	8:12	8:30	Lap 1 – On S. Park Drive just off jogging path heading up towards N. Van Buren St.
Mile 7	7:35	7:49	7:56	8:03	8:10	8:24	8:45	Lap 1 – At intersection of Kentmere Parkway and Bancroft Parkway
Mile 8	7:40	7:56	8:04	8:12	8:20	8:36	9:00	Lap 1 – In Wawaset Park at 2315 Nottingham Road
Mile 9	7:45	8:03	8:12	8:21	8:30	8:48	9:15	Lap 1 – On Union Street at 410 Union St.
Mile 10	7:50	8:10	8:20	8:30	8:40	9:00	9:30	Lap 1 – On Bancroft Parkway at 1302 Bancroft Parkway
Mile 11	7:55	8:17	8:28	8:39	8:50	9:12	9:45	Lap 1 – On Lovering Avenue between Kentmere Parkway and S. Park Drive
Mile 12	8:00	8:24	8:36	8:48	9:00	9:24	10:00	Lap 1 – On South Park Drive, just before N. King Street
Mile 13	8:05	8:31	8:44	8:57	9:10	9:36	10:15	Lap 1 – On N. King Street, just before MLK Boulevard.
Mile 14	8:10	8:38	8:52	9:06	9:20	9:48	10:30	Lap 2 – On Riverwalk at end of the Shipyard Shops before the parking lot
Turnaround								Lap 2 – On Riverwalk – on the way towards the Peterson Wildlife Refuge
Mile 15	8:15	8:45	9:00	9:15	9:30	10:00	10:45	Lap 2 – On Riverwalk – at Overlook Pavilion
Mile 16	8:20	8:52	9:08	9:24	9:40	10:12	11:00	Lap 2 – On Front Street – after the bend at Christina River Park
Mile 17	8:25	8:59	9:16	9:33	9:50	10:24	11:15	Lap 2 – On N. Walnut Street, just before E. 13th Street
Mile 18	8:30	9:06	9:24	9:42	10:00	10:36	11:30	Lap 2 – On North Park Drive, after N. Van Buren Street
Mile 19	8:35	9:13	9:32	9:51	10:10	10:48	11:45	Lap 2 – On South Park Drive, after trail, halfway back to North Van Buren St
Mile 20	8:40	9:20	9:40	10:00	10:20	11:00	12:00	Lap 2 – On Kentmere Parkway, just past Riddle & Scott Streets
Mile 21	8:45	9:27	9:48	10:09	10:30	11:12	12:15	Lap 2 – In Wawaset Park at 1105 Nottingham Road
Mile 22	8:50	9:34	9:56	10:18	10:40	11:24	12:30	Lap 2 – On Union Street – in front of Dead President's Pub – bet. 6 th and 7th Sts.
Mile 23	8:55	9:41	10:04	10:27	10:50	11:36	12:45	Lap 2 – On Bancroft Parkway at 1302 Bancroft Parkway
Mile 24	9:00	9:48	10:12	10:36	11:00	11:48	01:00	Lap 2 – On lower Kentmere Parkway after the road overpass before Lovering Ave
Mile 25	9:05	9:55	10:20	10:45	11:10	12:00	01:15	Lap 2 – On S. Park Drive, after West Street but before N. King Street
Mile 26	9:10	10:02	10:28	10:54	11:20	12:12	01:30	Lap 2 – On N. King Street at E. Second Street.
Finish Line								On Rosa Parks Drive at Tubman Garrett Riverfront Park

Relay Markers: Mile 1: East 4th Street just before Lombard St. **Mile 2:** East 16th at North Market Street. **Mile 3:** N. Park Drive just before Swinging Bridge. **Turnaround:** On Lower Kentmere Parkway, just past Lovering Avenue. **Mile 4:** On S. Park Drive just past path before N. Van Buren Street **Mile 5:** S. Park Drive just before Adams Street. **Mile 6:** N. King Street just past 8th Street.